# Growth Groups at Solid Rock Guide to the 2025/2026 Season



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# About Growth Groups

Community isn't just a nice option; it's a need – like food, water, and shelter.

God created in us a need for Him and for other people. We're relational beings because He is a relational being. Our community with others becomes the real-world setting where we practice the love that relationship with God produces in us.

HE USES OTHER PEOPLE TO GROW US, AND HE USES US TO GROW OTHER PEOPLE.

Growing spiritually doesn't happen when we know what Jesus says, it happens when we apply what He says. And, application happens best within the context of community. To grow spiritually, you have to be connected relationally.

## FAQ's

#### What is a Growth Group?

A Growth Group is a small group made up of 7-14 members or attendees of Solid Rock Christan Fellowship. They meet weekly for the purpose of spiritual growth through friendships, mutual support, sharing, bible study, and prayer.

An average meeting lasts for about two hours, including light refreshments. Growth Groups are specifically designed to help Christians go deeper in their walk with God and each other.

#### When and Where Do They Meet?

Because people live by various schedules, we try to have a variety of Growth Groups meeting on various times, days, frequency, and nights of the week. We think you will be able to find a group that works with your schedule. Groups meet in homes or at the church building. Sunday groups do not meet on the 4<sup>th</sup> Sunday of the month, but members are encouraged to attend the monthly all-church prayer meeting instead.

#### What is the Expected Commitment?

Joining a Growth Group requires a commitment to attend scheduled meetings and do the homework ahead of time. Obviously, allowances are made for sickness, vacation, work conflicts and other special events, but not much more. This commitment is the key to a strong Growth Group. You have the first three weeks to attend the group to make sure it's a good fit for you.

#### What Will We Study?

The studies are based on the previous Sunday's sermon. Imagine the Sunday sermon as a gospel teaching, and the Growth Group as a lab where you get to roll up your sleeves and discuss how the sermon works in real life. There will be a series of Bible passages and questions to study before the meeting in the weekly sermon notes. It will usually take 30 to 60 minutes per week to complete the homework.

#### What About Child Care?

Growth Groups are generally for adults only. (Exceptions can be made for nursing newborns). We leave it up to each family to work out their own childcare. Sometimes it works best for families to share a sitter or to swap childcare with another family whose Growth Group meets on a different evening.

#### Who do I contact about Growth Groups?

To assist you in finding and signing up for a group, or to answer any questions you may have, please contact us by emailing the church Growth Group team at growthgroups@solidrockprescott.org.

# What's the difference - Small Groups vs. Sunday School?

Common to many churches, Sunday School (or Core Classes) refers to a structured Bible study class that happens on Sunday morning, often with a designated teacher. "Small Groups" are smaller gatherings usually held in homes, focused on deeper fellowship, personal accountability, and applying Bible teachings to daily life, with more interactive discussion among group members. Essentially, Sunday School is more about instruction, while small groups prioritize relationship building and application.

#### **Key differences:**

<u>Size:</u> Sunday school classes tend to be larger, while small groups are intentionally kept smaller for more intimate interaction.

<u>Location:</u> Sunday School typically takes place in designated classrooms at the church, while small groups meet in homes or other convenient locations.

<u>Focus:</u> Sunday School often focuses on teaching biblical information and doctrine, while small groups emphasize personal sharing, prayer, and applying the Bible to real-life situations.

<u>Leadership:</u> A Sunday School class usually has a designated teacher leading the instruction, while small groups typically have a leader or facilitator.

#### **Benefits of Sunday School:**

- · Easier to access for new church members as it's on-site
- Structured learning environment with a set curriculum
- Opportunity to learn from a skilled teacher

#### **Benefits of Small Groups:**

- Deeper relationships and accountability within the group
- More flexibility in meeting times and locations
- Greater opportunity for personal sharing and application of Bible teachings

# 5 SIGNS OF A HEALTHY GROWTH - (Growth Group Etiquette)

Make spiritual growth our number one priority.

 Let's help our Growth Group Leader and be on guard for tangents, off-topic comments, and conversations. Sometimes we need to be refocused.

#### Accept one another.

 We all have differences, God made us that way! We'll do our best to ensure that everyone is equally loved and valued. We will avoid conversations about politics and other topics that divide people.

#### Take care of one another.

 When crisis or need arises, the group should be led to respond with prayer, encouragement, listening, challenging one another, and meeting real needs (such as providing meals).

#### Treat each other with respect.

- One person is to talk at a time. Interruptions and multiple conversations are not respectful.
- All group members (including leaders) should listen and avoid giving advice unless requested.
- Our conversations need to involve everyone. You leader will try to not allow us to be conversation dominators.
- Gossip and put-downs will not be permitted.
- Confidentiality is a must. What is shared in the group should stay in the group, unless what is shared may be harmful to you or to someone else and/or if the facilitator should need to request counsel from a Pastor about the subject or individual bringing up the subject.
- Start on time and end on time. Honor the time allowed for the Growth Group.

#### Keep our commitments to the group.

 Growth is not likely to occur when someone sporadically attends or is not committed to the standards described here.

# Find a Group

Review the Growth Group profiles listed on the following pages. Note the leadership team, location, and schedule. Our groups are not categorized by age, but all groups are open to all church members and attendees of Solid Rock Christian Fellowship.

When selecting a group, we strongly recommend you choose a group based on its leader team, their interests, things you have in common, or are people you think you would like to get to know. Groups do best when members share a common interest with their leaders, hosts, and other group members. In the end, you'll find it's worth it over any other considerations!

#### **Expectations for Growth Groups:**

We expect all Growth Group members to do three things:

**Show Up** - Make a commitment to be at group meetings. You can't form community with other people if you aren't around enough for them to get to know you.

**Join In** - Prepare for the meetings by doing your homework and take part in group discussions. Listen to what others have to say. Be part of the community you're trying to form. We love to hear how the message has impacted you.

**Be Real** - Let the people in your group know who you are. Be authentic and transparent. You don't have to reveal all your deepest, darkest secrets. But be open to the possibility that you may eventually form the kind of deep relationships in which you can share those secrets.

#### **Baillie Group**

#### **About Us:**

Doug and Peggy both responded to the gospel as children, but it was in early adulthood when they both began to experience real spiritual growth and then embraced following Jesus throughout their adult lives. It was at Calvary Chapel in San Diego where Doug and Peggy met, and then began a family together. The Baillie's have three children, two grown (Renee and Joshua) with one 16-year-old son (Seth) who is still being homeschooled by Peggy.

A submariner in the US Navy (now retired), Doug co-led Officer Christian Fellowship groups while Peggy served as a hostess for those meetings. Doug and Peggy have attended Solid Rock Christian Fellowship since 2023, where Doug has been a leader in Men's Ministry and Peggy is involved with Women's Thrive, both serve in the kids ministry and Usher on Sunday mornings, and Peggy volunteers serving in Media.

Doug and Peggy are having fun learning dance at Yavapai College. Doug is involved with Civil Air Patrol and enjoys DIY Projects and exercise class at the YMCA. Peggy enjoys crafts, swimming, teaching, and gardening. They are both love opening their home, extending hospitality, caring for all who God brings into their Growth Group, and sharing life (and food) with you!

#### About the Group:

Our group is great for Christians wanting to develop lasting friendships, delve into the Sunday study questions to grow spiritually and be sharpened in the word by others in a loving environment. Our aim is to be correct reflections of Jesus and ambassadors for our King in a broken and confused world. We meet on **Monday nights from 6:00-8:00 PM** at our home near Coyote Springs Rd and 89A in Prescott Valley.

## Baillie Growth Group

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#### **Cole Group**

#### **About Us:**

Equipped with an MA in Biblical Counseling, Chris is a practicing therapist with a biblical focus. Helen is retired and enjoying every day! Chris and Helen love to hike and play pickleball. Active in our church, Chris and Helen both volunteer in kids' ministry. Chris attends Men on the Rock (MOTR) and Helen attends Women's Thrive. The Coles also attend the monthly church prayer meeting. We meet every week on **Wednesday evenings** from 6:30 to 8pm, which we found to be a wonderful way to be in fellowship with our Growth Group members and discuss and apply the sermon from Sunday morning. On the MOTR Wednesday the men attend MOTR and the ladies meet for a regular meeting.

#### **About the Group:**

The Cole's are excited about providing the opportunity for you to get to know people, share the Word, pray for one another, enjoy fellowship, as well as an occasional potluck and fun.

#### Yellow Highlighting Indicates Meeting Dates

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#### Gallagher/Ullman Group

#### **About Us:**

Tom and Pam moved to the area from the western slope of Colorado in November 2021. Married for 42 years now, they raised five children and have six grandchildren. Retiring from San Diego to Colorado in 2013, they started a Growth Group ministry at a young Baptist church there and led a Growth Group in their home. They loved discovering the beauty of Colorado, and while there they enjoyed everything outdoors. Members of Solid Rock since March of 2024, Tom and Pam are looking forward to connecting deeply with fellow members of our church and discovering what is next for them in Arizona with all it has to offer.

Paul and Lynn moved to Prescott Valley from California's Mojave Desert in January of 2021. Married for 42 years, they raised two sons and now have three grandsons who live in Los Angeles County. They enjoy exploring Arizonia, adventures in travel, trips in their side by side and a passion for work with boreholes in Zimbabwe. They also enjoy the joy their Australian Shepherd, Abram, brings them. They have been members of Solid Rock since April of 2023. They are excited to host a Growth Group in their home and look forward to the rich friendships this brings.

#### **About the Group:**

This group is for adults looking to connect with other believers for spiritual growth, support, and friendship as they focus their lives on following Jesus - while enjoying themselves doing it! We meet at the Ullman's home on **Thursday afternoons from 1:00 – 3:00**. The Ullmans have Abram the dog living with them, and the route into their house is accessible with no stairs.

#### Gallagher/Ullman Group

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#### **King Group**

#### About Us:

Jaden and Lauren are newlyweds, just married on November 23rd of 2024! Starting and leading a growth group is just one of the ways that Jaden and Lauren are loving our church. After months of leading worship at our Sunday morning gatherings, Jaden was recently brought on staff as our Music Coordinator. Besides leading our music, he participates in the pastors meeting where they are working through materials together, intent on building a healthy church, and where they critique our Sunday morning services. As leaders in our young adult community of believers, Jaden and Lauren have been big contributors toward creating a culture of what we desire growth groups to become. This is just the beginning of what God is doing in their lives as a couple in the church, and they can't wait to see how He will move through this new chapter.

Our contact information is in the member directory.

#### **About the Group:**

If you are looking for a fresh new community with a welcoming atmosphere, where you can deepen your faith, connect with others, and grow spiritually, Jaden and Lauren's growth group is the perfect place for you. No matter your age, they invite you to join them on this exciting journey. With their passion for building authentic relationships and their heart for serving, you can expect a space where everyone feels valued, supported, and encouraged to pursue God together. This group meets in Chino Valley on **Sundays from 6:00–8:00 PM**, except on All Church Prayer Sundays with summers off.

#### King Growth Group

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#### **Lynn Group**

#### **About Us:**

Ryan gave his life to the Lord at the age of 4 years old at Vacation Bible School. He felt called into ministry in his senior year and went to Horizon School of Evangelism the following year. Ryan met Megan while working at Cold Stone Creamery and invited her to his young adult group. Megan, who did not grow up in a Christian home, gave her heart to Christ at that young adult group. Ryan and Megan have been married for 18 years and have three children, Savannah, Adelaide, and Caspian.

Ryan has been a Pastor at Solid Rock for 4 years. Megan is the Kids Ministry Coordinator and serves in youth, worship, and women's ministry. They have served along together in ministries such as: worship, youth, young adults, kids ministry, Truth Quest, harvest festivals, and so much more. They feel it has been a great privilege to serve the local church and be in community at Solid Rock.

Ryan enjoys golfing, DIY projects, and reading a good book in a hammock. Megan enjoys kayaking, dancing, gardening, and painting. They are both excited to foster community amongst generations in this growth group, as well as leading student groups on 3 medical mission trips to Haiti and Honduras.

Our contact information is in the member directory.

#### **About the Group:**

With a focus on intergenerational relationships, this group will include young adults, families, and older couples with a heart for younger generations. We will commit significant time to listening to one another and praying for one another. This group meets at the Lynn home in the Willow Lake area on **Sundays from 4:00-7:00 PM**, except on All Church Prayer Sundays

#### Lynn Growth Group

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#### **Pera Group**

#### **About Us:**

Abe and Sharon are both retired health care professionals. They have attended Solid Rock for 4½ years where they enjoy serving at the Soup Kitchen together. Sharon is also a vocalist on the worship team for our Sunday services. They enjoy camping in their travel trailer, traveling, cruises, and most of all visiting their 6 grandchildren and 2 son's families. Abe says he enjoys pickle ball, and Sharon likes bicycle riding, quilting and craft sewing, and reading historical fiction.

Sharon participated in and was a group leader and facilitator in Bible Study Fellowship or Community Bible Study for several years as they moved around the country. She also served as a chaperone leader on a Youth Group Mission Trip to Mexico. Most recently, before moving to Prescott, for 12 years the Pera's hosted/mentored the Christian Medical & Dental Association local student chapter at Touro University Medical School in California, as well as leading student groups on 3 medical mission trips to Haiti and Honduras.

Our contact information is in the member directory.

#### **About the Group:**

This group is an opportunity to know your brothers and sisters and share in their lives and challenges. Expect to gain insights that come from one another and to learn together as we pour over God's Word. We desire the greater level of intimacy and bearing of one another's burdens that happens in a smaller group, along with good fun and friendship! We meet on **Thursdays from 7:00 – 9:15 pm** at the Pera home near Commonwealth and Belle Meade Court.

#### Pera Growth Group

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#### Rau Group

#### **About Us:**

John and Ree began hosting and leading a growth group in 2022, and have been going ever since.

Ree is our coordinator regarding group news and our meals that we share after each meeting.

She became a Christian in college and got involved with the Navigators' discipleship ministry. She married John in 1978 and was a pastor's wife for fourteen years. She has a passion for art and loves opening her home for hospitality.

John is our meeting facilitator. He pursued theological education and was in the pastorate for fourteen years. He worked in technical communication for the rest of his career and retired in 2010.

John and Ree moved to Prescott in 2018 and joined Solid Rock Church in 2019. Their only regret: "We wish we'd done it sooner."

#### **About the Group:**

The most outstanding facet of our group is the sense of being a smaller family within the Solid Rock family at large. We use our meeting time for sharing, discussion, prayer, and fellowship around the table.

We meet on Thursdays from 5-7pm.

#### Rau Growth Group

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#### **Ward Group**

#### **About Us:**

Chris and Debbie have a long history of ministry, spanning over 30 years in the Calvary Chapel movement. Chris has served as a Senior Pastor, Assistant Pastor, youth pastor, and church planter, while Debbie has led in children's and women's ministries. Their passion for missions has taken them to England and Central America, and they are excited to continue sharing God's love wherever He leads. Chris is also finishing his Master of Divinity at Western Seminary, deepening his theological understanding to serve others more effectively.

Outside of ministry, Chris works as the Director of Training for an IT and Project Management company, and Debbie is looking to return to work after raising two amazing kids. They have two grown children, Madison and Aaron (married to Emily), and two young grandchildren, Levi and Leighton. In their free time, Chris enjoys reading, hiking, and movies, while Debbie loves kayaking and walking.

Our contact information is in the member directory.

#### **About the Group:**

Chris and Debbie Ward are excited to lead a Growth Group at Solid Rock, creating a welcoming space where people of all ages and backgrounds can grow in their faith together. Having attended Solid Rock for about eight months, they deeply value the sense of community that Growth Groups bring and the opportunity for intergenerational fellowship through studying God's Word. Their group will focus on taking a deeper look at the verses from each week's message, exploring both their meaning and practical application in daily life. We meet every **Sunday from 5:30 to 7:30pm** at the Ward home, except for All Church Prayer Sundays. See our calendar for details.

#### Ward Growth Group

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#### Wheat Group

#### **About Us:**

"Our heart desire for many years has been to live in the Prescott area." God gave Ron and Marcy Wheat the desire of their heart three years ago and they moved from their family farm west of Phoenix in the Waddell area. They were received into the Solid Rock Family in November 2023.

Ron and Marcy have experience serving in churches and several career areas: military service, teaching, and farming. Both have had the privilege of serving in various local, city, county and state leadership roles. In 1998, God called them to leave farming the soil to farm for souls for Him. They became full-time missionaries with FamilyLife, a division of Campus Crusade for Christ, in November 1999.

Ron and Marcy have been married 56 years and have two daughters; both have moved to Prescott recently, and four granddaughters. The youngest will be attending Yavapai College.

#### **About the Group:**

This Growth Group is for adult Followers of Jesus Christ (singles and couples) who seek to grow in their love for Jesus and for God's Word as we dig deeper into the Sunday message and then how we can apply it in our lives. We also seek to apply the "one anothers" of Scripture as we love, care, support, encourage, and challenge each other in walking out the Christian Life.

This group meets **Thursday evenings from 6:30 to 8:30 p.m.** in Ron and Marcy's home. Our meeting schedule is divided into three sessions: Fall Session (September thru Mid-November) Winter Session (January thru March) and Spring Session (April thru June). Please see our Meeting Calendar for more details.

Ron and Marcy's contact information is in the Member Directory

#### Wheat Growth Group

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### Join a Group

Joining a Growth Group is easy! There are three ways to sign up for a group:

- During sign-up weekends at our Sunday worship services in August, you can sign up at the Welcome Center in the lobby. A Growth Group leader will be available there to help you choose a group and answer any questions you may have. There will always be at least two sign-up Sundays before Labor Day.
- 2. Join online by using the QR code at the end of this booklet, starting August 24, 2025.
- 3. If you miss the open enrollment period but want to find a group, contact us at growthgroups@solidrockprescott.org and we will try to find a group accepting new members.

#### Instructions

Review the Growth Group profiles on the previous pages to select a group to join.

Growth Groups have a maximum membership size, because they are *small groups*. Once the maximum number of people joins, the group is closed.

Growth Groups also have a minimum membership size. If the minimum number is not reached, you will be contacted and asked to choose another group.

To help us connect you with the right group, you may select more than one group on the Sign-Up form in the Priority column. Please indicate your choice priority – 1, 2, or 3

#### **Form Options**

Cut off the form on the inside back cover of this booklet and submit it at the Welcome Center. Do not place it in the offering box!

OR

Use the QR code printed there to access our online form beginning August 24, 2025.

# What's Next?

Now that you've joined a group, your Growth Group leader will contact you shortly to give you information about your first meeting. On the following pages you will learn what to expect from the group experience, and how you can do your part.

# WHAT TO EXPECT FROM THE GROUP EXPERIENCE

Community can be challenging because it's organic – every Growth Group is different. Each is made up of different people with different backgrounds and experiences. But the very thing that can make community challenging can also make it great. As we get involved in real people's lives, faith leaves the realm of religious information and becomes a vibrant part of life in the real world. Jesus didn't give us a specific system or program with which to grow in our relationship with Him. He gave us each other. He gave us community.

# Life is better connected because connected people go further, faster.

Though the need for community is universal, there's a difference between what every person needs and what every group will provide. All groups are not equal at delivering community because all relationships are not equal at providing it.

Most small groups are comprised of social and personal relationships. The deepest community happens through personal and intimate relationships.

#### FOUR KINDS OF RE-LATIONSHIPS

Our relationships fall into one of four categories:

#### **PUBLIC**

Connections through outside influences like a shared taste in music or a love of the same sports team.

#### SOCIAL

First-impression relationships based on surface-level interactions – acquaintances but not necessarily friends.

#### **PERSONAL**

Closer connections forged through shared experiences and feelings – friends

#### INTIMATE

Real and raw connections – innercircle friends. These relationships happen through our most closely shared experiences and feelings. We hope your Growth Group will provide you with deep community. Whether it does will be partly determined by factors outside your control, like personal chemistry among the group members.

# But some things <u>are</u> under your control. We'd like you to do three things:

#### 1. Show up.

Make a commitment to be at group meetings. You can't form community with other people if you aren't around enough for them to get to know you.

#### 2. Join in.

Prepare for the meetings by doing your homework, and take part in group discussions. Listen to what others have to say. Be part of the community you're trying to form.

#### 3. Be real.

Let the people in your group know who you are. Be authentic and transparent. You don't have to reveal all your deepest, darkest secrets. But be open to the possibility that you may eventually form the kind of deep relationships in which you can share those secrets.

#### ONE THING IS CERTAIN:

God has a purpose for your group and for everyone in it.

It may be a good experience for you or

it may be a great experience. It will definitely be a place of growth and ministry if you pay attention to what God is doing through your relationships with one another

#### **Your Group Leaders**



Doug & Peggy Baillie



Chris & Helen Cole



Tom & Pam Gallagher



Jaden & Lauren King



Ryan & Megan Lynn



Abe & Sharon Pera



John & Ree Rau



Chris & Debbie Ward



Ron & Marcy Wheat

#### Sign Up Here Beginning August 24!



You may use the written form on the next page and turn it in at the Welcome Center in the lobby.

#### **Growth Group Sign-Up Form**



Your Information (if your contact info is not in the members directory, please leave a phone number.

First Name:
_ast Name:
Primary Phone:

Group Choices	Priority (1,2,3)
Doug and Peggy Baillie - Mon 6-8 pm	
Chris and Helen Cole - Wed 6:30-8 pm	
Tom and Pam Gallagher	
& Paul and Lynn Ullman - Thu 1-3 pm	
Jaden and Lauren King - Sun 6-8 pm	
Ryan and Megan Lynn - Sun 4-7 pm	
Abe and Sharon Pera - Thu 7-9:15 pm	
John and Ree Rau - Thu 5-7 pm	
Chris and Debbie Ward - Sun 5:30-7:30 pm	
Ron and Marcy Wheat - Thu 6:30-8:30 pm	

# Growth Groups are environments designed to assure all Solid Rock members live and grow in intentional loving community

If you would like to know more about building and being a part of a gospel community, here are some good resources:

- Relationships: A Mess Worth Making Tripp & Lane
- Caring for One Another: 8 Ways to Cultivate Meaningful Relationships - Welch
- The Compelling Community: Where God's Power Make a Church Attractive - Dever & Dunlop

Email: GrowthGroups@solidrockprescott.org