



Breath, Boundaries, and a Better Adam

Genesis 2:4-17

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3. God Gives Good Boundaries for Flourishing (2:16-17)

4. Jesus Fulfills What Adam Could Not

Quick Review

1. Was there anything in the passage that challenged or encouraged you?

2. How did this passage of Scripture help you see Christ better?

1. God Gives Life by His Breath (2:4-7)

2. God Gives a Place and a Purpose (2:8-15)

Digging Deeper

1. Reflecting on Genesis 2:4–17 and Psalm 104:10–15, what do we learn about God’s character as a generous Provider? How do both passages reveal His care for all of creation?
2. Why do you think God placed the tree of the knowledge of good and evil in the garden? How does this compare to God’s design for freedom and trust seen in passages like Psalm 119:45 or Deuteronomy 30:19–20?
3. Genesis 2:15 emphasizes humanity working and keeping the garden. How does this align with Psalm 104:23, which celebrates people going out to work? What does this say about work as part of God’s good order?

Taking It Home

1. Where do you need to trust God’s good design—even if it feels restrictive—for your deeper joy?
2. How can you encourage someone else this week to see their work, relationships, or decisions as part of God’s good plan for them?
3. What practical step can you take to live within God’s “good boundaries” this week?