



Bear One Another's Burden

Galatians 6:1-5

(page 975/large print 1158 or 1239)

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Quick Review

1. How to help a person who is tripped up by sin (v. 1a-b)
 - Who should help?
 - How should we help?
2. How to help them guard against being tripped up again
3. How to keep from being tripped up ourselves
 - Don't _____ a "holier-than-thou" attitude to take root.
 - We must constantly _____ our own lives.
 - We need to _____ our own load.

1. Was there anything about this idea of bearing one another's burdens that challenged or encouraged you?

2. Which of the main points resonated most with you? Why?

- How to help a person who is tripped up by sin (v. 1a-b)
- How to help that person move past the sin (v. 2)
- How to keep from being tripped up ourselves (v. 1c, 3-5)

Digging Deeper

1. We often shy away from assisting when a person is stuck in sin. Why is this, and why is this not a good idea?
2. Some well-meaning Christians are abrasive and demeaning when seeking to assist a person stuck in sin. How does our text help guard us from this kind of reaction? (Think through Gal. 6:1.)
3. Verse 2 commands us to “Keep on bearing one another’s burdens.” If this is a new insight for you, share why it is so important. If this is something you have employed in your relationships, share how this has turned out.

Taking It Home

1. Talk through the three principles that will keep us from being tripped up ourselves.
 - Don’t allow a “holier than thou” attitude to take root. (v. 3)
 - We must constantly examine our own lives. (v. 4)
 - We need to carry our own load. (v. 5)
2. What are one or two things you need to work on in your life, as you seek to be a person who is willing and able to bear one another’s burdens?