



The Story of Ruth
He Will Not Rest Until He Gives Us Rest
Ruth 3
(page 223/large print 264 or 284)

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Questions for Reflection and Application

1. Rest is Active

2. Rest Involves Risk

3. We Rest in a Faithful God

1. In Ruth 3, we see Ruth following Naomi's instructions regarding Boaz. How does Ruth demonstrate trust in Naomi's guidance? How can we apply similar trust and obedience in our own lives, particularly when following God's leading through others?

2. Ruth's actions in approaching Boaz at the threshing floor require courage and integrity. What can we learn from Ruth about taking courageous steps in faith, even in uncertain situations? How can we apply Ruth's example of integrity in our relationships and decision-making?

3. Ruth humbly approached Boaz at the threshing floor, seeking his protection and provision. In what ways does Ruth's approach to Boaz mirror our approach to Christ? How does her humility and boldness serve as a model for our relationship with Jesus?
4. Naomi tells Ruth to "sit still" and wait after she has made her request to Boaz (Ruth 3:18). How does this reflect the concept of resting in Christ's finished work on the cross? How can we practice resting in the assurance of Christ's redemption in our daily lives?

Additional Questions Looking at Dating and Relationships

1. Naomi gave Ruth specific instructions on how to approach Boaz. How important is it to seek and follow godly counsel when considering a potential spouse? How can we discern wise advice from others when making decisions about relationships?
2. Ruth was known for her loyalty, hard work, and faith, while Boaz was known for his integrity and kindness. How should the character of a potential spouse weigh in our decision-making, compared to external factors like status or appearance? What traits should we prioritize when seeking a spouse?
3. Boaz's willingness to redeem Ruth and provide for her reflects the qualities of a Christ-like spouse. What qualities should we look for in a spouse that mirror the sacrificial and loving nature of Christ? How can we cultivate these qualities in ourselves as we seek a partner?