



Ephesians – The Gospel Unites
How Does Coming to Church Relate to
Being Filled with the Spirit?

Ephesians 5:18-21

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1. Our Corporate Worship Is a Positive Feedback Loop of the Spirit (5:18-21)

2. The Spirit in Our Singing (5:19)

3. The Spirit in Our Thanking (5:20)

4. The Spirit in Our Submitting (5:21)

Questions for Reflection and Application

1. In Ephesians 5:18-21, it is evident that the command to be filled with the Holy Spirit is inescapably corporate. Paul connects it with the church gathering. How does this challenge your previous understanding of the command to be filled with the Spirit?

2. Singing:

- a. When the church gathers to sing, do you tend to withdraw into a “Jesus and me” mentality?
- b. In what ways have you been encouraged by congregational singing?
- c. What are some ways that you might be helped to consider the body in your singing? For example, maybe open your eyes to look around at the congregation during a song, or make sure that you are participating, not merely spectating.

3. Thanking:

- a. How has the thought of gathering to give thanks stirred your heart?
- b. What are some ways that you can bring more thankfulness to our gathering?
- c. Often communion is referred to as the eucharist (Greek for: give thanks). How might our view of communion either quench the Spirit or help us to walk in the fullness of the Spirit?

4. Submitting:

- a. Have you thought about submitting to one another as an indicator of being filled with the Spirit?
- b. What are some appropriate ways we can submit to one another in the church gathering? These passages may help you process this: John 13:12-17; 1 Cor 11:17-22; Phil 2:1-10; James 2:1-9.