



Praise God for His Salvation  
(Part 1)  
Ephesians 1:3-6  
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September 10, 2023

1. Praise God (1:3)
2. Because the Father Chose Us (1:4-5)
3. Because the Father Adopted Us (1:5)
4. Praise God (1:6)

### Discussion & Application Questions

1. What is the ultimate purpose of our receiving every spiritual blessing in the heavenly places in Christ? Look at Eph 1:3, 6, 12, 14. How should this shape the way you look at God's blessings?
2. In reading Ephesians 1:3-6, what surprised you, comforted you, or challenged you regarding the spiritual blessings that were discussed in the sermon? How do you think these enabled you to praise God more?
3. Before the foundation of the world, God chose to adopt us (Eph 1:4-5). J.I. Packer called adoption "the highest privilege that the gospel offers." In the sermon, we learned that all the blessings that belong to the Son are given to us. We learned that through adoption, we address the Father in prayer the same way Jesus does (see. Mark 14:36; Rom 8:15-16; Gal 4:6-7). How can this inform and strengthen your prayer life?
4. Adoption gives us our new identity as beloved children (see Eph 5:1; 1 John 3:1). This is our reality, but often we believe the devil's lies. Three of the devil's lies are **1) The lie of the slave:** You have to work hard to get God's love. **2) The lie of the orphan:** You are unloved, unprotected, unprovided for. **3) The lie of the illegitimate child:** You don't really belong, and you never did. The joy of being in the family belongs to others. Which of these lies are you more prone to believe? How does God predestining you to adoption help you understand your identity in Christ?