



Lamentations
A Prayer for Restoration
and Renewal
Lamentations 5
Pastor Matt Kottman
August 20, 2023

- I. Articulate your suffering to God (5:1-18)
 - A. Call on God to act (5:1)

- B. Pray specifically about the situation (5:2-18)

- 1. Physical situation (5:2-13)

- 2. Emotional/Spiritual situation (5:14-18)

- II. Cry out to God in hope (5:19-22)
 - A. Acknowledge God's sovereignty (5:19)

- B. Be honest about what you don't understand (5:20)

- C. Seek renewal (5:21)

- D. Wait for Resolution (5:22)